

## **Titan training policy addendum #1 - DISCIPLINARY ACTIONS:**

**Unexcused absence** – 1 Do-Right (200 yds of tire flips) for each day. Chronic unexcused absences will result in more stringent disciplinary measures, including possible removal from the football program.

**Tardy** – 25 up-downs at start of practice and ½ Do-Right (100 yds of tire flips) at end of practice. For each additional tardy, the athlete will perform another 100 yds of tire flips. Chronic tardies will result in more stringent disciplinary measures, including possible removal from the football program.

**Conduct** – 1 Do- Right for each C or lower in citizenship. As a representative of the Titan athletic program your personal conduct should be exemplary.

**Failing academic grades** – If a student-athlete is failing a class at the end of either of the 3-week grading periods he will attend 2 days of morning tutorials a week for each class he is failing until his average for each class is 75 or higher. Failure to report to morning tutorials will result in 1 Do-Right for each day missed. Being late to tutoring will result in ½ Do-Right. Should the student-athlete fail to fulfill his academic responsibilities more stringent disciplinary measures may be taken, including possible removal from the football program.

**In-School Suspension & S. O. C. Placement** – 1 Do- Right for each day of ISS or SOC. Chronic behavioral problems will result in more stringent disciplinary measures, including possible removal from the football program.

**Teacher complaints** – 1 Do – Right for each teacher complaint. Any additional complaints after the initial one will result in 1 ½ Do – Rights for each additional complaint. If there are consistent teacher complaints regarding a student-athlete, more stringent disciplinary measures may be taken, including possible removal from the football program.

**Training Room** – opens at 7:30 am every school day. Do NOT go to the training room right before practice begins if you have not already seen the trainer. The only injuries treated during the athletic period are ones seen in the morning, those that occur during practice, or those that are an ongoing problem that the trainer is treating. Stay out of the training room if you are not injured. PARENTS: Please allow our trainer to evaluate your child before you send him to a doctor. We do have team physicians that treat sport-related injuries. Our trainer will help every parent get their child an appointment if you choose to use them.

**Injured athletes** – Athletes unable to practice due to injury are still required to attend practice unless he is physically unable to do so.

**Tobacco, Alcohol, and other drugs** - Athletes caught using or possessing tobacco, alcohol, or any other illicit drug will be immediately subject to FISD's Discipline Management Plan and its disciplinary measures regarding drug use and possession, which may include possible removal from the football program.

**Shaving** – Athletes needing to shave will be assigned 1 Do – Right as a reminder to be clean-shaven.

**Jewelry** – No jewelry of any kind will be worn to practice for safety reasons. **No earrings will be worn at any time while the student is a representative of the Titan football program.** If an athlete is in violation of this standard, he will be assigned 1 Do – Right.

**Electronic devices** – No electronic devices during practice. If caught with one, it will be taken from the athlete and returned after practice. The violation will result in ½ Do – Right.

**Lockers** – Every athlete will be assigned a locker in which to keep all clothes and valuables. ALL VALUABLES MUST BE LOCKED UP. Parents, please emphasize to your child the importance of assuming personal responsibility for the security of personal belongings. Athletes will be expected to keep their locker neat and organized.

**Equipment** – All athletes will be issued equipment that will be worn every day. No sagging shorts or sweats. No visible undergarments allowed. Students’ athletic garments will be washed daily. Any athlete wearing equipment home will receive 1 Do – Right.

**Medical appointments** – Parents: Please try to schedule any medical appointments after 3:55 pm. We have limited time to work with our athletes so it is important that they are here every day.

**Theft** – Stealing will not be tolerated. If caught, the athlete will be removed from the football program.

**Lack of effort** – CHS has built a reputation for having players who give maximum effort. Effort is one of the major criteria our coaching staff uses to evaluate athletes and determine playing time. Lack of effort will not be tolerated. If you don’t give maximum effort and don’t strive at all times to do your very best, then you can not expect the coaches to put you on the playing field.

**Disrespect** – Coaches and players must have an environment of mutual respect. Our coaches respect our players and we demand a lot from every athlete in our program. Disrespect to a coach will not be tolerated. If an athlete is disrespectful to a coach he will be disciplined and may be subject to removal from the football program.

**I, \_\_\_\_\_ have received a copy of the Disciplinary Actions in regard to the 2009 Titan FB Training Policies and agree to respect and comply with the expectations and standards contained therein, including all disciplinary aspects. I further understand that I am signing a contract and giving my personal pledge to abide by these policies for as long as I am a representative of the Titan football program. I understand that participation in the Titan football program is a privilege, not a right. I also understand that removal from the program is possible if I do not adhere to the terms set forth in this contract.**

**Student signature \_\_\_\_\_**

**Parent / Guardian signature \_\_\_\_\_**

**CONTACT INFORMATION:**

**Parent Name \_\_\_\_\_**

**Phone #'s Home \_\_\_\_\_ Work \_\_\_\_\_**

**Cell \_\_\_\_\_**

**Email: \_\_\_\_\_**